

Dear Subscriber,

07/17/2014

Mid Year Greetings



July 2nd Marks mid year and a great point of central reflection. Our first half of the year is gone never to be repeated in the annals of time and what lies before us in the second half of the year is great opportunity. As if the sleepiness of the new year's beginnings in January wakes up to give us a chance to begin again.

Think of this as a time to embrace what you have created as well as what you will for 2014. What would

really be great to know is what you have created that is significant and contributive that our 365 Club could benefit by. Take a moment, [click the link and share](#) in a way where we all can learn more about the labyrinth and each other.

Photo Credits: Labyrinthlessons.com

"Taking steps is similar to the point of dance. When you dance, you don't do it envisioning landing on a specific place on the floor, you do it with the enjoyment of each and every step you make." Author unknown

A Word to Walk on.... *Freedom*

As we walk into the spirit of Independence with our celebrations of the nation's holiday approaching, we are reminded of the many freedoms we have as independent people with inalienable rights in the US. We are also reminded of other parts of the world that do not feel the same privilege to walk freely as they are and still they embody the same human spirit as we do. May your walks this month embrace the walk of another and perhaps allow your footsteps of freedom to reach across the world and walk for another's spirit who is not so fortunate to step in accordance to what they feel.



As you walk in your own aspects of freedom, let us know how your endeavors have paved the way for others to walk a bit more freely in physical, mental, emotional or spiritual ways.

[Send your shares freely](#)

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"The journey of a thousand miles begins with one step."

Lao Tzu

Moving the Path...



I dowsed and created a labyrinth in my back yard in 2006 and over the years replaced the grass cut design with stones, plants and a variety of plants and vegetation in experimentation. Each new design or rebuild was given a closing and welcoming ritual and as I departed my home of 30 years last November I mowed it over giving it

a closing ceremony. I moved into the city and used a variety of finger labyrinths and cloth designs for my walks, particularly as this was an unseasonably long winter.

In late April I set a small stone labyrinth in the open area that had a garden and seating space though the building management changed their minds about having it situated in the garden and as I was only a temporary resident until August, I removed it the first week of May. While out of town the condominium unit I lived in was sold so I found myself moving back to my now unoccupied and unsold home until I leave the country in August.

The backyard had grown over and as I set the lawnmower to make my way through I found the markings of the labyrinth were present underneath all the grass that had come up. What a delight to realize how indelible these markings are and how synchronistic to find that it was waiting for me to return and rediscover it all over again.

How do you move with your path? [Inquiring minds want to know](#)

“When we are sure that we are on the right road there is no need to plan our journey too far ahead. No need to burden ourselves with doubts and fears as to the obstacles that may bar our progress. We cannot take more than one step at a time.”

Orison Swett Marden

What do you know?

If we were to make a book about what we know as walkers of the labyrinth, what would you share?

There's an expertise in each and every one of us and I am looking for your tips, suggestions and ideas. They might be about things you have personally discovered or witnessed through another, they may be about things you have developed in sharing the labyrinth with others or ideas about creation and care.

Mostly I am just curious to learn from you more... Please be an active participant and [send along what you know](#) so that we can all know more.



“What you know can fill volumes, one page at a time, like the journey...one step at a time.”

Joy in the Journey on your summer vacation



I have had a lot of movement this year already, so this summer I look forward to staying put. I believe it is called a "staycation". It is one I look forward to as I am just back from an unexpected family emergency in Florida.

I've been a number of places in the country some planned and some unexpected already noting that if I were to draw out my trips it would indeed be the familiar back and forth migration of the labyrinth.

There is a great comfort to know that my

trips to Canada and the midwestern states have been cancelled and so before I migrate overseas, I will enjoy the meandering of my own backyard this month with joy. Where ever you find yourselves, may it be a journey of joy to discover the simple gifts and truths are found within.

Sharing, caring and being present with the path,

Lynda Tourloukis, 365 Club Chair

[As always... delighted to hear your thoughts, great ideas and questions](#)

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