

Dear Subscriber,

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Focal Point Earth *Exploring our Natural Landscape*

Spring is in the air...

It is the time when we emerge naturally into the outdoors for those of us in the northern hemisphere and for those in the southern hemisphere it is a time to look back on the fruits of what our spring has brought.

No matter your global positioning on Earth, the one thing about nature is that it will always bring us a truth. For those in new beginnings the spring reminds us of possibility. In this welcoming of April we have a variety of ways to look at the month, and it seems fitting to look at it all with a natural viewpoint. On the internal landscape it is a simple way to connect with what is authentic, truthful and aligned with our external nature. Walk natural this month and enjoy the freedom it brings.



Our New Look

We have harmonized our look with the mothership. Thanks again to David Gallagher and Kay Whipple for walking us through it all. In this step we are becoming a natural part of the whole that the Labyrinth Society is. We are laughing, learning and traveling the labyrinth of ways to be of service. [We welcome your thoughts and ideas](#) as they help keep us on the path of purpose in joining the 365 Club. We think of this as a natural spring budding, blossoming into the year ahead.

April 22...Walk on the Earth, for the Earth



Monday, April 22nd is the 43rd anniversary of Earth Day...*a day intended to inspire awareness and appreciation for the Earth's natural environment*, as well as to focus attention on critical environmental issues and environmental stewardship. Founded in 1970 by former U.S. Senator Gaylord Nelson of Wisconsin, Earth Day is now celebrated worldwide by millions of people committed to healing and preserving our precious planet earth for present and future generations.

Earth Day invites reflection, intention and action not unlike a focused walk on the labyrinth. As 365 Club walkers, how might we declare this day as one set apart to walk on the earth and for the earth? What steps can we take individually and what steps might we take collectively on our labyrinth walks to honor and support Earth Day?

Suggestions and questions are offered for your reflection...

- Determine your individual impact on the environment by calculating your carbon footprint and ways to lighten your carbon load. (www.earthday.org)
- Consider how the presence of labyrinths in our natural world contributes to healing and sustaining our communities and our earth.
- How does our experience of walking, creating, and caring for labyrinths in the natural world contribute to a "carbon-less" footprint for the benefit of earth and its inhabitants?
- Consider planning or planting your own outdoor labyrinth that you have been dreaming about!

Impact our community by [sharing your labyrinth Earth Day thoughts and experiences](#) for our newsletter blog!

A Viewpoint from above... Aerial Labyrinths

In keeping with our Earth Day focus it seemed fitting to include some aerial photographs of labyrinths in the natural world that are best viewed from above! Additionally, it offers us a way to experiment with a "Labyrinths on Location" feature to highlight labyrinths around the world to add to your vacation or "staycation" destinations! As always, we look forward to your contribution!



Labyrinths on Location

The Dali Museum Labyrinth in St. Petersburg, Florida



If your destination is St. Petersburg and you are looking to “lose” yourself in a labyrinth, the Dali Museum’s Avant-Garden has just the labyrinth for you! Hidden from view by a tall, dense hedge of padocarpus, the labyrinth quietly invites discovery at

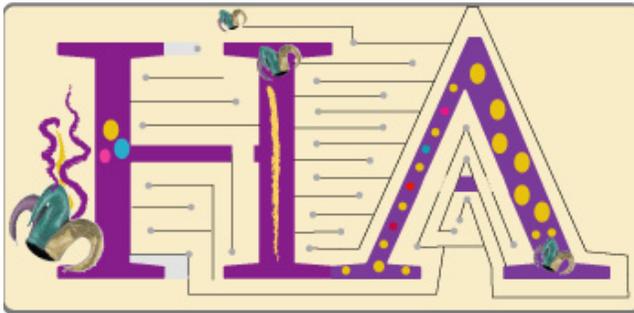
the far end of this picturesque and magical garden. One is prepared for the journey by the natural elements that surround and fill the garden. A waterfront view of Tampa Bay, a misty grotto, rocks, coastal foliage, palms, Italian Cypress trees and a Banyan “Wish Tree” delight the senses and soothe the soul.

An opening between two large rocks draws one onto the path of crushed limestone softened by an edging of seashells that await discovery. A course of hedges over seven feet tall embrace the traveler on the curved path to center in this Chartres-styled labyrinth. A towering Cyprus tree, a symbol of welcoming, grounds the center and welcomes whatever one might find on the journey.

Regardless of what might be discovered on the labyrinth journey, a complete tour of the Dali Museum will help one to gain a better appreciation for the artist and why a labyrinth is a perfect fit in the place that honors his art and his spirit. Salvador Dali had an “obsessive” fascination with spirals...need one say more?!

To learn more about planning a visit to the Dali Museum in Florida, go to www.dali.org

National Humor Month



April is naturally known as National Humor Month, considering the first day of the month is April Fool’s... no kidding. Believe it or not a little lighthearted whimsy does the labyrinth soul a whole lot of good! Laughter and the Labyrinth are both natural stress relievers and have the

ability to shift our perspective. The one thing laughter has over the labyrinth is that it will get one to that centered place quicker. The advantage of taking your time on the labyrinth is that we have more cause to reflect and learn in that time and learn we don’t always need to be in a hurry. When you use both, more choice reigns over our perspective and reaction to the elements of life ...it is a natural pairing.

The thing about Humor however is that it is cognitive based. Many believe laughter to be a byproduct of humor and to an extent it is true. However laughter, when practiced with regularity can and does build our sense of humor as it is very much a bodily function. It’s been known however, to reach up and tickle the soul. Humor is a necessary ingredient in life as it can add the levity into contrary situations of life and ask us with a light heart... how serious is this? Mixing it up can remind us to become more accepting of each other, those we lead and most importantly of ourselves. What a better natural

element to walk with than what is already a part of who we are.

If you hadn't noticed... the Big April fools was on me... With our new format, I forgot to send this out on April 1st. This is a great test of the sense of humor...laughing at yourself... ha ha ha! Lynda

Laughter on the Labyrinth:



You can experience your own dose of humor in one simple way, with each turn breathe in a joyful thought and begin by simply exhaling with a smile. Just continue in this way for a few more turns then migrate to exhaling a small giggle, maybe a chuckle and if you dare by the time you get to the center... give yourself permission to simply belly laugh and get over yourself and into your humor being. Just so you all

know... World Laughter Day is the First Sunday in May and will be celebrating its 15th year.

Blogs, Logs and Prose of the Labyrinth



An update for you on our daily focus. In February we centered on finding heart and did so in a variety of ways that shared the creativity of labyrinth enthusiasts...with heart. It was indeed a joyful experience to uncover the many hearts we are so willing to share. In March our thoughts moved with the heart into how we move and in the season of new beginnings that this month brought, we might as well move to, though in an easy flowing challenge of moving differently to explore a few new perceptions. In April we have put our heads and hearts together to focus on the natural

landscape of Mother Earth. There is of course the natural inner landscape to regard as well. Considering all the ways we can be more natural in our walk, talk and travels with the labyrinth. Do share comments, pictures and your stories as we will post them into the blog. We want to make this a joyful opportunity and with all that are walking daily... we will be happy to know of your thoughts and experiences too!

Send pictures, thoughts and your great ideas and email to Lynda and Mary 365Club@labyrinthsociety.org

Upcoming Events...

The TLS Auction begins April 1st!

No Kidding! The Labyrinth Society has partnered with [Bidding for Good](#). They provide an online venue where donations, bids, and the excitement of the auction, where it's easy to be involved. Be creative! Donation items may include unique products and experiences, entertainment tickets, gift cards, wine, gourmet products, trips, hotels, retreats, art, collectibles, home decor, garden, books, jewelry, and of course, labyrinth items. There's also a new "gently used" category this year. (a trust of good judgment with these donations). *Donors will be responsible for shipping their items to the winning bidders.*



Got a Facebook page? Add a post about the auction to send out to your friends! If so inclined, you can click the 'promote' button and for \$10 or \$15 Facebook will send your event announcement to 1000 or more people who wouldn't otherwise see it!

As part of a grateful appreciation, TLS will hold a drawing, with a one-time "name in the hat", for everyone who bids or donates to the fundraiser. The prize for this drawing will be a one-year Individual membership (new, renewal, or gift membership) to The Labyrinth Society, valued at \$75.00

Go to labyrinthsociety.org and click on the auction site on the left column. If you need any help with your donation, please contact Jodi Lorimer at Jlorimer@easystreet.net or Sarah Nash at nashlee@gmail.com

World Labyrinth Day is coming Saturday May 4th 1pm Everywhere

Do enjoy a walk in the world wherever you are. Even if you are not part of a large gathering, download a finger labyrinth from the labyrinth society and walk the World as One...at one!

Next month we'll share a little about the origins of World Labyrinth Day as Lynda was part of the committee headed up by Stephanie Blackton. Stephanie has made a huge impact in sharing the concept of it this year so even if it is a small group, no that when you are walking at one pm...others are in step with you too! The First Saturday in May... May 4th!



May your April be nature filled inside and out,



365Club@labyrinthociety.org

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