

# Labyrinth Tour in Italy

By Crystal Dawn Walker

Two summers ago I was able to participate in a pilgrimage to seven labyrinths in Italy—Rome, Reiti, Pompeii, Positano, Ravenna, Lucca, and Certaldo.. It was an idyllic twenty-one days savoring food, wine, scenery, art, architecture, and contemplative labyrinth walks. My middle son was on the tour with me, and we enjoyed traveling and exploring fifteen Italian cities together before he was heading off to college. The bonding was palpable, and to this day, we reminisce frequently about our time in Italy. We both still miss our afternoon *riposo* (siesta) that we enjoyed each day—usually in a city park.



Basilica San Vitale, Ravenna Italy ~ Mosaic labyrinth



Duomo di San Marino, Lucca Italy ~ Finger labyrinth

I feel fortunate to be able to travel to Italy again, this time for my senior project at Marylhurst University—in which I will be leading a tour to the previous seven labyrinths, and this time adding Paris & Chartres France to the itinerary. My daughter will join me on this trip, as now we have established a family tradition of Italian travel before heading off to college. It will be wonderful to experience Italy in the early Autumn with my daughter.

My senior project came from my desire to do further research on labyrinths, to experience Italy again, as well as to participate in a pilgrimage to Chartres—a mecca for labyrinth lovers. I designed the trip to occur between my summer and fall terms, e.g., September 1-9, 2010. I set a tour limit of ten people in order to maximize the enjoyment and time spent at each labyrinth. I have prepared themed contemplative walks with rituals and journaling activities for each of the nine labyrinths on this tour.

## [Tour Itinerary](#)

### About The Author:

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