



## Labyrinth Network Northwest News



### My Life As an Author

By Anne Gordon

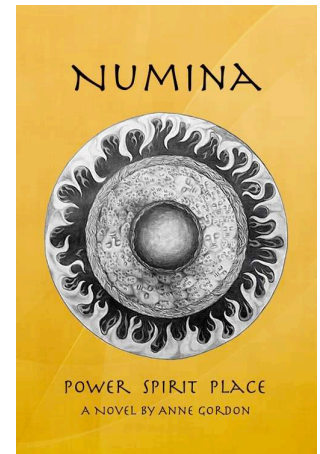
Writing a book was a little like being pregnant. A lifetime of intention, ideas, and images finally resulted in a birth of sorts, in the form of the novel *Numina*. Since that time, the metaphor has continued and I feel as if I have a little toddler running around. *Where is she? What is she up to now?*

More than 125 copies of *Numina* are 'out there' in the world and I have received a large volume of

positive feedback from readers. As an author, I now realize how often I have read a book that I adored, but because the gap between reader and author is sometimes so vast, my feelings about a book remained just that – my feelings. As a self-publisher, I am more accessible to readers and that contact has been a great pleasure. There have been many 'repeat' purchases from people who have given *Numina* to friends. One person bought eight copies!

I continue to promote the book myself, though I am looking for a publisher. During a trip to Massachusetts in March, I distributed copies of *Numina* to several bookstores and left copies at the B&B where we stay in Cambridge. The host is a fan of *Numina* and said the book has been the topic of several breakfast-table discussions. Since *Numina* draws so heavily from women's history, I delivered a copy to the Women's Studies Department at Harvard. I have jokingly said that after doing so I walked outside and breathed into a paper sack for a few moments.

Marketing *Numina* and her characters is similar to doing labyrinth work. You plan the event, set up your labyrinth, and then release attachment to outcomes. If only one person comes to the walk, then the presence of the labyrinth was perfect for them, at that time. With *Numina*, I continue to offer her to the world, mailing copies from my home, from the on-demand publisher LuLu.com or from Amazon. The story of *Numina* is out there and I continue to work on her behalf.



Anne Gordon is a labyrinth facilitator in Eugene, Oregon where she hosts monthly walks at Sacred Heart Medical Center. Read an [interview](#) with Anne on the LNN Reflections page

## Listening Ear Labyrinth

Labyrinth Facilitator Be Herrera from Corvallis, Oregon, designed the Listening Ear Labyrinth. For 27 years sculptor Be Davison Herrera has studied and constructed labyrinth forms on 5 continents. Her major focus is the LISTENING EAR LABYRINTH form based on the cochlea or inner ear found in all humans and other mammals. Commissioned by Trinity Episcopal Cathedral, Sacramento, California, USA in 1997, her first design on canvas (still in use) was painted and calligraphed by the 1997 Jr. Hi. group for use in the Trinity Children's Chapel.



There are currently 20 variations of the LISTENING EAR LABYRINTH, some permanently installed, some portable, some temporary. Locations include parishes, gardens, conference & community centers, beaches, schools, art galleries, hospitals, nursing homes, city and national parks in California, Hawaii, Mexico, New Mexico, Oregon and Virginia. Materials range from handspun & braided plant and animal fibers to concrete, crocheted ribbon, chalk, canvas, paint, sand, paper, rocks and tree cones from 7 USA states.



This wheelchair accessible Listening Ear is in a private garden in Grafton, CA

Some of these labyrinths use a path design; others are a line or straddle form, which assists in easy balance for walkers of all ages. They are accessible for all. There have been wheelies performed by chairs on several occasions during a walk. There are also hand labyrinths made by classes from age 6 to 92 from paper, wood, and glued objects for use at home. The students at Good Samaritan Church in Corvallis made labyrinth placemats for a parish 2008 Seder dinner using five different designs.

The labyrinth opens a special opportunity to walk within one's own head as well as within and with our world and all its inhabitants. Among the participants and unexpected guests at LISTENING EAR Labyrinth walks have been Grey Whales, Tundra Geese, Monarch Butterflies, Seeing Eye Dogs, Oregon Gray and Douglas Squirrels.

In June and July 2009, the LISTENING EAR Labyrinth form was used at the 3rd Wave Poets' Conference in Taos, New Mexico and at the National Episcopal Triennial Conference in Anaheim, California as part of the Christian Education presentation.

Last summer Be's Listening Ear Labyrinth was used in Palestine for Palestinian-Israeli children's events as a tool for conflict resolution --very exciting! Request from Be, "Please pray for those working to reconcile life for us all so children in Palestine, Israel, and El Salvador as well as here in the USA, can go to school peacefully and happily. Thank you."

Be Davison Herrera is a member of the Labyrinth Guild at the Episcopal Church of the Good Samaritan in Corvallis, Oregon. She has designed a Butterfly Labyrinth which is popular with the pre-school children. Read more about the [Listening Ear Labyrinth](#) on the LNN Reflections Page.

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## Note from Neighbors up North



Lakeside Labyrinth  
Nelson, British Columbia

We are in the process up updating our website..... we're finally adding lots of photos from our early days of construction right through to our recent seasonal walk for Spring Equinox. I think the website is going to be quite fantastic. We hope to launch our new updated website within the next month, in time for World Labyrinth Day.

Also, I will be having a window labyrinth display right on our main street in town, for the entire month of April, leading up to World Labyrinth Day. I will take photos of the display and will forward them along to LNN. I'm setting up the display next Saturday morning. This is really big deal for us.... it will be the longest running and biggest display we've done since our committee's inception back in 2001.

I have just found out about a couple that are building a 70 ft diameter labyrinth on their rural property just on the outskirts of Nelson. It will be lined with stones and will be available to the public to walk at any time. So.... we'll have another one to add to LNN, hopefully sometime this summer. I'll be sure to take photos of it.... I'll hopefully be helping to lay down stones as well.

I'll be in touch.

Cheers,  
Donna Nett  
Steward for the Lakeside Labyrinth  
Nelson, British Columbia  
[donnett@netidea.com](mailto:donnett@netidea.com)

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## LNN Needs You!!

Labyrinth Network Northwest is a totally volunteer organization. We have no paid staff members and no office. We are a group of labyrinth enthusiasts who do most of our work via computer, e-mail, and phone. So, wherever you are, whatever you like to do, you can be part of the LNN team.

Right now LNN is forming some new committees. Please join us! It's fun!

[More Info about volunteer opportunities](#)

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**The  
LABYRINTH  
SOCIETY**  
**World Labyrinth Day**

A global celebration of the labyrinth  
Saturday, May 1<sup>st</sup>, 2010

***“Walk as One at 1”***

*Be part of a rolling wave of peaceful energy as the earth turns.  
Walk a labyrinth at 1 PM in your time zone.*

**World Labyrinth Day** is a day that brings people from all over the planet together in celebration of the labyrinth as a symbol, a tool, a passion or a practice.  
World Labyrinth Day can be a day to inform and educate the public, host walks, build permanent and/or temporary labyrinths, make labyrinth art or more.

**There are only right ways to celebrate World Labyrinth Day**  
***“Find your way”***

For information about the worldwide celebration  
[www.labyrinthsociety.org](http://www.labyrinthsociety.org)

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**World Labyrinth Day in Oregon -- Many Ways to Celebrate**

All over Oregon people will be celebrating World Labyrinth Day in their own way. Some are walking a labyrinth near their home. Others are using Finger Labyrinths or Online virtual labyrinths to join the wave of peaceful energy as it flows around the world as we Walk as one at one."

St. Gabriel's Episcopal Church in Portland is incorporating their Walk as One at 1 with a Garden Festival at their church.

In Salem, the St. Paul Labyrinth Guild is having a walk in the parking lot of a supermarket hoping that people doing Saturday shopping will stop to walk the labyrinth.

Denny Dyke will celebrate World Labyrinth Day by creating his own labyrinth on the beach at Coquille Point on the Oregon Coast.



Last year's World Labyrinth Day Food Labyrinth in Port Orford was so successful that they're doing it again this year. The labyrinth will be created from food donated by the community to support local the North Curry Food Pantry.



The 2009 World Labyrinth Day celebration was the first public labyrinth walk ever held in North Curry County.

A special project grant from

The Labyrinth Society enabled the purchase of a tape machine from Labyrinth Enterprises for creating the outline for the food labyrinth. It took just a little practice.



**Eugene is having a City-wide Labyrinth Open House.** 13 Labyrinths in the Eugene area will be available for walking on World Labyrinth Day. This includes 11 outdoor labyrinths and two indoor labyrinths. Some are open 10Am to 4 PM others from 2PM to 6 PM. This is an incredible opportunity to explore the great variety of beautiful labyrinths in Eugene.



**EUGENE LABYRINTHS OPEN MAY 1 FROM 10-4:00**

- Sacred Heart Hospital at RiverBend, in the chapel
- Lane Community College, west entrance near parking lot, outside
- Resurrection Episcopal Church, 3925 Hilyard Street, Eugene, outside
- Westminster Presbyterian Church, 777 Coburg Road, outside
- Village Green Resort, 725 Row River Road, Cottage Grove, outside
- Kirk Garden Labyrinth, 415 Brae Burn Drive, Eugene, outside
- The Heron Building, 576 Olive Street, Eugene, main lobby floor
- Tamarack Wellness Center, 3575 Donald Street, Eugene, outside
- Center for Spiritual Living, 390 Vernal Street, Eugene, outside
- Cortesia Sanctuary, 84540 McBeth Rd, Eugene, outside

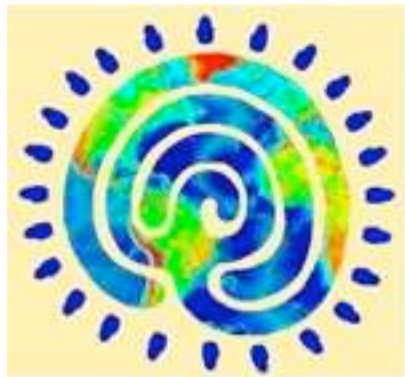


## EUGENE LABYRINTHS OPEN MAY 1 FROM 2-6:00

Trinity Methodist Church, 40 Maxwell Rd, Eugene, outside  
Priory Farm, 32646 Saginaw Road West, Cottage Grove, outside  
Lavelle Vineyards, 89697 Sheffler Road, Elmira, outside



For questions about the celebration in Eugene, please contact Anne Gordon, Sacred Heart Labyrinth Facilitator 541-913-3185 or GreenEden Labyrinth Walks at [greeneden@comcast.net](mailto:greeneden@comcast.net)



**Labyrinth Festival at Marylhurst University**  
Sponsored by  
Labyrinth Network Northwest  
and LABY Marylhurst Student Labyrinth Group  
**The public is invited to Celebrate World Labyrinth Day**  
**At Marylhurst University**  
**Saturday, May 1 -- 9 AM - 3 PM**  
Labyrinth Building --- Genesa Crystal Labyrinth  
Kids' Labyrinth Activities -- Labyrinth Slide Show  
Maypole Labyrinth -- Shoe Labyrinth  
And more!

**Bring shoes!! It takes a lot of shoes to make a shoe Labyrinth**

This is a FREE and Family Friendly Event  
[More Info](#) & [Flier](#)



### Introduction to the Labyrinth On World Labyrinth Day

As part of the World Labyrinth Day celebration, we will be holding two short Introductions to the Labyrinth in Villa Maria on the Marylhurst campus. If you are bringing friends or family who have never walked the labyrinth and you feel uncertain what to tell them, just send them to one of these thirty-minute sessions where they will receive an explanation of what a labyrinth is and isn't, a brief history of the symbol, and basic instructions on walking the labyrinth. Even if you have some experience with the labyrinth, you are invited to join us at one of these introductory talks. Most people feel that they benefit from an introduction to the labyrinth, but many of us walk without ever receiving one. If you have never been formally introduced to the labyrinth, this is your opportunity.

The introductions will be presented by Grace Cushing, an enthusiastic student of the labyrinth. Grace is a retired librarian who has been walking the labyrinth for fourteen years and has recently become a Veriditas Certified Labyrinth Facilitator.

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## Kids Love Labyrinths



Portland Labyrinth Artist, DC Donohue, DC is in charge of children's activities for the Labyrinth Festival at Marylhurst University on World Labyrinth Day.

It's going to be a great day because  
DC + labyrinths + kids = fun



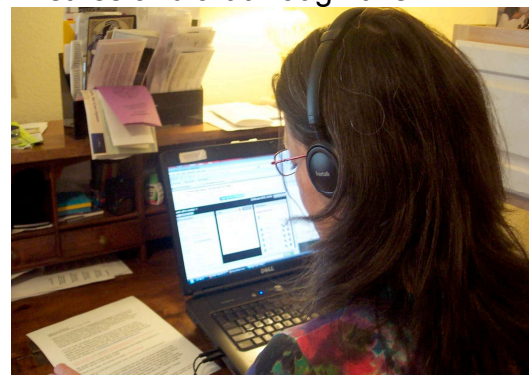
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## ***Labyrinths In the News, LIVE from Marylhurst University for World Labyrinth Day, May 1, 2010***

BlogTalkRadio's, *Labyrinths In the News*, with host, Christiana, will be broadcasting LIVE from the information kiosk on the green in front of the library on the Marylhurst University campus for World Labyrinth Day, Saturday, May 1, 2010 for one hour from noon until 1pm. Unlike her regular Monday afternoon shows, Christiana will have a video cam attached to her laptop so that participants who wish to can broadcast their impressions, hopes, and visions for this day and the global community both verbally and visually through cyberspace to the planet. So not only will there be a walking wave of unifying energy, but also a cyber wave as well!



Christiana is a Veriditas certified labyrinth facilitator, dowser, and energy weaver who started this show to support last year's The Labyrinth Society Gathering & Convention in Troutdale, OR by interviewing the keynote speakers and some of the concurrent workshop presenters as a way of advertising the event to the cyber savvy younger crowd. She decided to continue to invite "labyrinth luminaries" who want to advertise their labyrinth ministries and art through this medium as another of her ways of supporting the greening of the planet with labyrinths. The response has been excellent, the task of using this medium challenging, and the experience extremely rewarding. To listen to Christiana's archived episodes and view her calendar of upcoming shows, please go to <http://www.blogtalkradio.com/christianabr>



Read more about Blog Talk Radio on the [LNN Reflections Page](#) & Christiana's [list of all the guests, "Labyrinth Luminaries"](#) featured on Labyrinths in the News on LNN's Resources Page.

**A Franciscan Spiritual Center  
Announcement..  
Featuring Labyrinth Facilitator  
Mary Jo Chaves.**



**KATU Marketing**

In order to promote our programs and attract new people to the Franciscan Spiritual Center, we are working with KATU Milwaukie. Please click on the link below to watch a short video about the Center, and please share with your friends.

<http://milwaukie.katu.com/content/franciscan-spiritual-center>

**Franciscan Spiritual Center**  
6902 SE Lake Rd  
Milwaukie, Oregon 97267  
503-794-8542

[link to Franciscan video](#)

## Labyrinths Everywhere in Oregon

By Kay Kinneavy

When I began my exploration of Oregon Labyrinths in 1995, there were about 35 labyrinths listed on the Worldwide Labyrinth Locator. So, my goal was to visit all of those labyrinths. The number of labyrinths is growing so rapidly that I can't keep up. I have now visited 80 Oregon Labyrinths, and that's just a little more than half of them. Lauren Artress had a vision of a planet peppered with labyrinths, and that vision has become a reality.



I am constantly amazed at the variety of ways labyrinths are created. They are circular, square, octagonal, and meandering. In addition to the popular traditional Chartres and Classical patterns, creative new labyrinth designs, artists are creating an interesting variety of new labyrinth patterns.

It's fascinating to see the variety of ways that labyrinth artists express their creativity... many colors, patterns, sizes, shapes, and many different building materials. Stephen Shibley is mowing labyrinths in grass. Although most of Oregon's labyrinths are walkable, a variety of finger labyrinths and decorative labyrinths are being created by regional artists -- ceramic, wood, glass, and painted labyrinths. The Franciscan Center has a beautiful decorative labyrinth by Melanie Weidner. Portland artist Nancy Kloss is designing needlepoint labyrinth kits and teaching classes in making needlepoint labyrinths.



World Labyrinth Day has given me an opportunity to explore more Oregon Labyrinths in preparation for my new slide show which will be presented at the Labyrinth Festival at Maryhurst University on May 1 at 10:30 AM & 2:00 PM.