


From: Kay Kinneavy kay@labyrinthnetworknorthwest.org 
Subject: Get ready for World Labyrinth Day - Saturday, May 7
Date: May 5, 2016 at 6:08 PM
To: LNN Announcements announcements@labyrinthnetworknorthwest.org



2009 The first World Labyrinth Day
Florence, Oregon
Photo by Jo M'Gonigle

Dear Labyrinth Friends,

This Saturday, May 7 is World Labyrinth Day. The weather prediction is warm and sunny in the Portland area.... a perfect day for walking a labyrinth. Wherever you are.... rain or shine... walk a labyrinth. Join a wave of peaceful energy as people around the world are walking a labyrinth at 1:00 PM in their own time zone. If you can't walk at one, walk any time, and you'll be walking at 1 PM in somebody's time zone and know others are walking with you.

Special events for World Labyrinth Day

We have a variety of labyrinth events listed for this Saturday on the LNN Calendar including labyrinth walks at Trinity Cathedral in Portland, St. Luke's Episcopal in Gresham, Marylhurst University, and the Lakeside Labyrinth in Nelson, British Columbia. Eugene, Oregon will have a self-guided tour of area labyrinths. They've provided a google map of the locations plus a flier listing locations. Denny Dyke will also be drawing labyrinths on the beach in Bandon.

Check the LNN Calendar for details on these and many other labyrinth events:

<http://www.labyrinthnetworknorthwest.org/calendar.html>

Other Labyrinth Opportunities

If you're unable to attend one of these events, walk a labyrinth on your own. There are many choices. The Northwest region has an abundance of labyrinths. LNN Resources has many lists, maps and directions to help you "Find a Labyrinth"

<http://www.labyrinthnetworknorthwest.org/resources.html#locator>

Labyrinths for the home bound.

If you can't get away from the house try using a finger labyrinth, an online labyrinth, or watch labyrinth videos.

Virtual Labyrinths

There are a many interesting labyrinth apps for cell phones, iPads, and android devices, and computers. Check out some of these, and let me know if you find other interesting apps to add to our list.

<http://www.labyrinthnetworknorthwest.org/resources.html#virtual>

Labyrinth Videos

When we started our list, there were very few labyrinth videos available. Now there are many new ones available on Youtube and other sources. Please send us names of interesting labyrinth videos you see which are not on our list.

<http://www.labyrinthnetworknorthwest.org/resources.html#video>

Send Photos of your labyrinth experiences to LNN

We would love to see what you're doing for World Labyrinth Day. Send picture to me via e-mail and/or post them on Facebook. Look for LNN Labyrinth Network Northwest on Facebook and also check The Labyrinth Society where people from far away will be sending pictures of their World Labyrinth Day celebrations.

Happy World Labyrinth Day

Kay Kinneavy
Labyrinth Network Northwest
275 NW Lost Springs Terrace, #106
Portland, OR 97229
kay@labyrinthnetworknorthwest.org
<http://www.labyrinthnetworknorthwest.org/>